

Blueberry Pecan Granola

2 c quick cooking oats
1 c chopped pecans
1/2 c flaxmeal
1/2 c dried fruit (I used blueberries)
1/3 c almond or other oil
1/3 c maple syrup
2 Tbsp brown rice syrup
1/2 tsp vanilla extract

Mix all together and spread out onto cookie sheet. Bake at 300 degrees for 35 minutes. Make the granola days in advance and use as needed for a quick and yummy breakfast.